



Heels TO Heal

We are writing to ask for your support of Heels to Heal by providing a donation item to the silent auction at Heels to Heal Tampa Fashion Show on Friday, September 27, 2019, 7pm-10pm at the Renaissance Tampa International Plaza. This fundraiser supports Heels to Heal Crisis Counseling program for survivors of domestic violence and sexual assault.

Heels to Heal Inc is a 501(c) 3 non-profit organization, founded in 2009, dedicated to helping survivors of domestic violence and sexual assault receive resources necessary for healing. Heels to Heal Crisis Counseling program has Licensed and Certified counselors that are specialized in helping participants process trauma, learn how to break the cycle of abuse, reduce PTSD symptoms and restore a sense of hope that will lead them to a safer, healthier environment for both themselves and their children. This program provides a minimum of 12 free individual crisis counseling sessions to each participant.

Heels to Heal engages with community partners such as local shelters, law enforcement agencies, schools, and medical facilities who refer participants in need of crisis counseling to this program. 100% of the participants in the Heels to Heal crisis counseling program would not have been able to afford these services otherwise. Economic barriers and Limited accessibility should not be the reason that a participant does not receive quality counseling services.

In 2018, Heels to Heal was able to provide more than 750 hours of crisis counseling services and support to individuals affected by sexual assault and domestic violence. With over 7100 reported cases of domestic violence and sexual assault in Hillsborough County, you can make a difference to help these survivors receive the healing and care they deserve.

Enclosed is a silent auction donation form to be completed. You may email us the completed donation form to info@heelstoheal.org. Our volunteers will gladly pick the item up from your business when ready. The deadline for the donation item is August 30, 2019. After the event concludes, we will mail you a donation receipt letter for your records. If you have questions, please feel free to call Heels to Heal Inc at [727-895-5885](tel:727-895-5885). Thank you in advance for your support!

Sincerely,

Rina Patel
Chairperson, Heels to Heal Tampa Fashion Show
&
Melissa Mihok
CEO/Executive Director

2019 Board of Directors:
Yale Walker, Board member
Rina Patel, Board member
Marc A Mancino, Treasurer
Lauren Krawczyk, Board member
Don Hughes, Board member

Licensed Mental Health Counselors:
Jennifer Teoli, LCSW
Amy Menke, LMHC, MA
Regina Nay, LMHC, MS, QS
Ana Sandoval, MAAT, ATR
Deborah Clements, LMHC
Dr Carleah East, Ph.D., LMHC



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Heels to Heal Tampa Fashion Show
September 27, 2019, 7pm-10pm
Renaissance Tampa International Plaza
Silent Auction Donation Form

Item: _____

Description: _____

Retail Value: \$ _____

Contact information

Contact person: _____

Company name: _____

Address: _____

City _____ State _____ Zip Code: _____

Email: _____ Phone number: _____

Website: _____

HEELS TO HEAL, INC. IS REGISTERED WITH THE STATE UNDER THE SOLICITATION OF CONTRIBUTIONS ACT OF 1992 (REGISTRATION NUMBER CH55347). "A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-4357352) WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. YOUR GIFT IS TAX-DEDUCTIBLE TO FURTHEST EXTENT OF THE LAW. PLEASE CONSULT YOUR TAX ADVISOR FOR FURTHER DETAILS.

Heels to Heal, 290 9th St N Ste M100, St Petersburg, FL 33705. info@heelstoheal.org,
727-895-5885